



NEW YORK POST

25 CENTS

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The Post helps set standard for mint condition

By MICHAEL MOSLEY and MAXINE SHEN

MINTS may be the fashionista's latest accessory — but Pulse wondered if there was any punch behind the fancy packaging. Stores have been flooded with colorful containers holding all sorts of mints, from vendors from tables to strips. As the industry grows, we put these minty minnows to the test, and rated them on a scale of up to four stars.



Brand	Taste	Pain factor	Effectiveness
Altoids (Glaasle)	Chalky, light peppermint (only one with real peppermint oil)	None initially, but mild when dissolving	**
Altoids Strips	Strong peppermint, irritatingly clumpy mass that sticks to roof of mouth	Moderate pain	**
Certs	Artificial "peppermint" from Retesyn crystals	None	**
Eclipse Strips	Minty with lingering unpleasant aftertaste	Eye-wateringly strong, intense	***
Listerine Strips	Like their famous mouthwash	Sticks to the roof of mouth, then burns	***
Momints	Medicinal	Intense if burst, moderate if dissolved naturally	*** 1/2
Starbucks	Like candy, a Peppermint Lifesaver	None	* 1/2